

I'VE MISSED MORE THAN 9000 SHOTS IN MY CAREER. I'VE LOST ALMOST 300 GAMES. 26 TIMES, I'VE BEEN TRUSTED TO TAKE THE GAME WINNING SHOT AND MISSED. I'VE FAILED OVER AND OVER AND OVER AGAIN IN MY LIFE. AND THAT IS WHY I SUCCEED.

MICHAEL JORDAN

QUOTESEVERLASTING.COM







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Welcome to Mrs. Philipose's Virtual Counseling Office Contact me at mphilipose@srvusd.net

Click on objects (books and posters) to direct you to helpful resources on the next slide.



Resources: <u>Crisis Text Line</u> <u>Contra Costa Health Services</u>

LGBQT Resources: Rainbow Youth Resources Rainbow Mental Health Support PFLAG Danville/SRV

NATIONALSUICIDESUICIDEP R E V E N T I O NLIFELINE1-800-273-TALK (8255)

suicidepreventionlifeline.org

If you have any questions or need someone to talk to, please do not hesitate to contact me at <u>mphilipose@srvusd.net</u>.